

Winter Infant Feeding Support Group

Wednesday's at 1:30

January 15th - March 12th

Jan 15 - Welcome & Welcome back, Supporting parents with infant feeding decision.

Jan 22- Feeding tips and tools

Jan 29th- Guest Speaker Kelsey Fischer. Caring for you while caring for your baby

Feb 5th- Feeding Cues

Feb 12th - Pumping

Feb 19th- Breast/Bottle refusal

Feb 26th- Infant Feeding Q&A

March 5th- Keeping healthy while caring for children, Guest Speaker - Pharmacist for Q&A

March 12th- Nourishing Yourself

To register contact:
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